Maggots and wounds

This evidence review concludes that maggot application may be a useful adjunct to traditional therapies for wound care. In addition, it is consistently observed that maggot therapy reduces wound size and increases the rate of wound healing compared to traditional therapies alone.

However, the benefits of using maggots are not without controversy. Many patients find the sight and smell of maggots disturbing and may experience intense emotional reactions such as fear, disgust, and even physical symptoms like nausea.

Despite these challenges, maggot therapy offers a unique and effective approach to wound care. Its potential advantages include reduced inflammation, improved tissue regeneration, and decreased healing time. However, further research is needed to fully understand the mechanisms behind these effects and to develop best practices for its use.

In conclusion, while maggot therapy may not be suitable for everyone, it offers promise as a novel treatment option for certain wounds, especially those that are chronic, non-healing, and resistant to conventional therapies.